

KNOW YOUR NUMBERS

FREE SCREENINGS:

- ◆ Blood Pressure
- ◆ Total Cholesterol
- ◆ Triglycerides
- ◆ LDL, HDL, Glucose
- ◆ Body Fat
*Must wear shorts for this test at Cumberland Healthcare only
- ◆ Body Mass Index (BMI)

TUESDAY, MAY 9 ◆ 6-9 AM

Cumberland Healthcare
1110 Seventh Avenue, Cumberland
Walk-ins only; no appointment necessary for this location

Lakeview Medical Center
1700 West Stout Street, Rice Lake
Appointment required; register online at www.lakeviewmedical.com

WEDNESDAY, MAY 10 ◆ 6-9 AM

Cumberland Healthcare
1110 Seventh Avenue, Cumberland
Walk-ins only; no appointment necessary for this location

Lakeview Medical Center
1700 West Stout Street, Rice Lake
Appointment required; register online at www.lakeviewmedical.com

THURSDAY, MAY 11 ◆ 6-9 AM

Cumberland Healthcare
Turtle Lake Center
632 US Highway 8, Turtle Lake
Walk-ins only; no appointment necessary for this location

Mayo Clinic Health System
1222 East Woodland Avenue, Barron
Appointment required; call (866) 375-7464

HEALTH FAIR

FRIDAY, MAY 12 ◆ 6-9 AM

Mayo Clinic Health System
331 South Main Street, Rice Lake
Appointment required; call (866) 375-7464.

****FREE SCREENINGS
**HEALTH INSURANCE
IS NOT REQUIRED**

**FOR MORE INFORMATION, VISIT:
WWW.THRIVEBC.ORG**

For the most accurate test results, do not eat or drink anything (except water) 12 hours prior to testing. A free breakfast will be provided, along with healthcare displays, giveaways & more!